

Getting to Know Your Network (source: [www.NAWWW.com](http://www.NAWWW.com) during week of 9/29 – 10/6/04)

This Week: Ann Leach

Q: When did you realize you wanted to be a writer?

A: One Christmas, when I was in grade school, my mom gave me a diary. I loved the idea of having a secret place to write whatever I wanted to about my life. I wrote in it constantly. One summer I went 'public' with some of my life adventures and wrote a play for my Barbie dolls to perform. The whole neighborhood came to watch the play unfold on the picnic table in my backyard. I believe I was ten years old!

Q: How and when did you make this dream a reality?

A: I became a speech/theatre major at Kentucky Wesleyan College and had a journalism minor. I was editor of the college newspaper and wrote a children's play in a playwriting class that was produced for a children's theatre festival. I then went on to write articles for publication in various newspapers and magazines.

Q: What's the most important lesson you've learned so far in your writing career?

A: That we each need to trust our own writing process. Our styles are as individual as our words and the images they create and that's really ok! I have also learned that there is a fine line between balancing the deadline with the creativity. I love the energy and creativity of dancing that dance!

Q: What are you working on right now?

A: My major focus right now is on marketing my latest book, *Goal Sisters: Live The Life You Want With A Little Help From Your Friends*, with my co- author, Michelle Beaulieu Pillen. I am also a regular contributor to a monthly regional publication, *Show Me the Ozarks* magazine.

Q: What excites or ignites your soul?

A: Helping to facilitate positive change in individuals and/or groups through my coaching and seminar business, and now with *Goal Sisters*. I also love being by water and out in nature.

For seven years Ann has been soaking up the beauty of the Ozarks in Southwest Missouri. She enjoys spending her time working as a life coach and writer. She teaches workshops and facilitates support groups across the country. She strives to 'be' peaceful, nonjudgmental, positive, compassionate, and aware. She enjoys regular meditation and study. She believes thoughts and words have power; that 'what we think about comes about.' She is anxious to network with other NAWW

members and would love to share the Goal Sister process with you! Please visit her Web site at [www.goalsisters.com](http://www.goalsisters.com) and/or email her at [ann@goalsisters.com](mailto:ann@goalsisters.com).